

Risk Assessment – Seapoint Canoe Centre Pool Sessions

NOTE: Before completing a risk assessment please read the guidance notes document.

Date:	23 May 23
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Assessor's Name:	Ashley Clare	Review Date:	Annually On Date of Initial Anniversary
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Description of Assessment:	Delivery of Paddlesport Pool Sessions
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Location Details:	Swimming Pools
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What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Drowning	All Participants	<p>Helmets and BAs to be worn if appropriate.</p> <p>Swimmer to CCK Rescue to be taught and practised by all participants when working in pairs</p> <p>There should always be a trained Lifeguard OR SCC Coach on Pool side in Over watch</p>				
Lifting and Carrying Equipment	All Participants	<p>Participants should be briefed on good Manual Handling Techniques to prevent injury and encouraged to share the carrying of boats and equipment.</p> <p>Use of Canoe Trolleys where appropriate</p> <p>Loading of Canoe Trailers is to be done by coaches initially until all participants have been taught to load</p>	<p>Continued enforcement and reminder of good manual handling techniques throughout all sessions</p> <p>All Staff to apply SCC SOP 013 and have completed the BC MH eLearning module</p>	All Coach deliverers	Every Course	

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		<p>the trailer safely within Manual Handling guidelines. Tying down of craft is to be done or checked by a coach. Ultimate responsibility for the security of the load is that of the vehicle driver.</p> <p>Loading of paddle craft into roof bars or cars/vans is to be done by coaches initially until all participants have been taught to load the roof bars safely within Manual Handling guidelines. Tying down of craft is to be done or checked by a coach at first. Ultimate responsibility for the security of the load is that of the vehicle driver.</p>				
Musculoskeletal Injury from lifting, twisting and straining	All Participants	<p>Best practice to avoid injury during rescues with the emphasis on good technique not strength.</p> <p>Assistance to be requested when appropriate to rescue swamped craft</p> <p>All craft to be fitted with appropriate buoyancy</p> <p>Encouragement of correct paddling technique</p>	<p>Continued enforcement and reminder of good manual handling techniques throughout all sessions by SCC Staff</p> <p>Reteach safe techniques to individuals lacking in the knowledge to keep them safe from injury</p>	All Coach deliverers	Every Course	
Cuts and Abrasions	All Participants	<p>All equipment used to be inspected prior to use for burrs or sharps and made safe or replaced as required.</p> <p>Venue access and egress locations inspected and made safe or hazards marked clearly to avoid injury.</p> <p>Participants briefed to avoid trapping of hands, fingers and feet during rescues.</p>				

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		<p>All participants to wear appropriate footwear.</p> <p>Coaching Staff to be appropriately First Aid qualified.</p> <p>First Aid kit and clear flushing water for cuts available.</p> <p>Incident Report Forms available.</p>				
Impact injuries from collision of paddle craft	All Participants	No more than 6 Kayaks or craft in the Marlie Farm Pool at anyone time to give room to work				
Drowning	All Participants	<p>All participants to wear an appropriate BA if identified as a weak swimmer</p> <p>Participants briefed to be training in appropriate eskimo rescue techniques.</p>	Coaches are not to work outside of their remit of qualification.			
Hypothermia & Hyperthermia	All Participants	<p>JIs to include the need to be appropriately dressed for paddling activities, water temperature, ambient temperature and season.</p> <p>Personnel to change into warm dry clothes prior to loading boats outside to trailers or roof bars</p> <p>Spare clothing to be carried or available on the bank.</p> <p>Cold drinks to be carried/available</p>	<p>Coaching Staff to be mindful of the ambient temperatures and conditions and adjust the training programme accordingly.</p> <p>Play wet games when hot to keep core temperatures down.</p>	All Coaching deliverers	Every Course	

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Dehydration	All Participants	<p>JIs to include the need to bring plenty of fluids, hot and cold.</p> <p>Regular breaks and opportunities to take on fluids.</p> <p>Continued vigilance of any paddler not seen taking on fluids.</p>	<p>Coach to lead by example and encourage regular fluid intake.</p>	<p>All Coaching deliverers</p>	<p>Every Course</p>	
Medical	All Participants	<p>JIs to include the need and opportunity to share any appropriate medical information with the Coaching Staff in order for them to keep participants safe on the water.</p> <p>Changing movement patterns/techniques/strokes to achieve the desired outcome for paddlers with long term injures/disabilities/conditions.</p> <p>Encourage participants share with the coach if they have an inhaler, auto-jet, are diabetic, or suffer seizures.</p> <p>Coach to be aware of any condition that might mean an adjustment in session length in order to fatigue manage an individual whose condition may limit participation.</p> <p>Coach to research any SEN that may be divulged to select the best coaching techniques and language to ensure safety information in particular is communicated effectively.</p>	<p>Coaches must take the time to understand the Medical issues of a paddler and how this may affect the session or their performance and adjust the session as needed.</p>	<p>All Coaching deliverers</p>	<p>Every Course</p>	
Slips Trips and Fall	All Participants	<p>Good Housekeeping of kit and equipment in the working area to reduce trip hazards.</p>				

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		Keep to recognised footpaths and routes to and from the water especially carrying equipment.				
Equipment Failure	All Participants	<p>Inspection of all equipment prior to course.</p> <p>Inspection of equipment at end of use and reporting of any faults and removal from use.</p> <p>Appropriate spares and repairs kits should be carried. Spare split paddles, Repair tape, drain plugs etc.</p>	Broken or defective equipment is to be segregated and reported to the CM or member of the SCT for repair or further action.			
Safeguarding	All Participants	<p>Ensure there are adequate Safeguarding measures in place for children or vulnerable adults that may participate in the Course.</p> <p>Follow both the BC and Centre Policies Safeguarding Polices</p>	<p>Application of the SCC Safe Guarding Policy as published</p> <p>Any questions on safeguarding in the first instance should be directed to the SCC Safeguarding Officer</p>			
Spare/Intentionally Blank						

Office use only (to be completed by a risk assessment checker if selected for sampling)

Checked by:		Position:	SCT SSC	Date:	
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Notes:

All coaches have undergone training following BC requirements must be fully updated and work within the remit of their qualifications.

All individuals are to remove jewellery and tie long hair back before commencing activity.

The risk assessment for kayaking and canoeing on flat water and camping is to be reviewed in conjunction with this risk assessment as appropriate.